

INSTITUTE OF AYURVEDA ROORKEE.

BAMS 4th YEAR TIME TABLE BATCH 2020-25

DAYS/TIME	10.00-12.00 Noon	12.00 Noon -1.00 pm	01.00-02.00 pm	02.00-03.00 Pm	03.00-04.00 pm
MONDAY	Clinical Lab Kayachikitsa, Shalya, Shalakya, Panchkarma One Week Rotation Basis Batches A- 01 to 15 B- 16 to 30 C- 31 to 45 D- 46 to 59	Panchkarma Theory Dr. Priyanka Sharma	Shalya Tantra Dr Jitendra Pandey	Kaya Chikitsa Theory Dr. Abhishek Pandey	Panchkarma Theory Dr. Beena Bhouriya
TUESDAY		Kaya Chikitsa Theory Dr. Harsha	Shalya Tantra Dr Jitendra Pandey	Panchkarma Theory Dr. Beena Bhouriya	Shalakya Theory Dr Yogesh Sisodiya
WEDNESDAY		Kaya Chikitsa Theory Dr. Abhishek Pandey	Shalya Tantra Dr Jitendra Pandey/Dr. Ankit Kumar	Research methodology & Biostatistics Dr. Saurabh (SW)	Shalakya Theory Dr Yogesh Sisodiya
THURSDAY		Kaya Chikitsa Theory Dr. Abhishek Bhushan Sharma	Shalya Tantra Prof. Saurabh Kumar	Kaya Chikitsa Theory Dr. Charu Sharma	Shalakya Theory Dr Kanchan Pant
FRIDAY		Kaya Chikitsa Theory Dr. Harsha	Shalya Tantra Dr Bhoomi Soni	Panchkarma Theory Dr. Beena Bhouriya	Shalakya Theory Dr Kanchan Pant
SATURDAY	2 nd & 4 th Saturday Shalakya (Theory) Dr. Kanchan Pant	Panchkarma Theory Dr. Priyanka Sharma	Shalya Tantra Dr Bhoomi Soni	Kaya Chikitsa Theory Dr Rajnikant	2 nd & 4 th Saturday Weekly Seminar

QUADRA INSTITUTE OF AYURVEDA ROORKEE.
BAMS THIRD YEAR (NEW) TIME TABLE (2021-2026) BATCH

DAYS/TIME	10 AM to 11 AM	11 AM to 12 AM	12 AM to 01 PM	01 PM to 2 PM	2.00 PM to 4 PM
MONDAY	Samhita Adhyayan (LH) Dr Anit Saini/ Dr. Neha	Swasthavritta (LH) Dr. Mamta Saini	Dravyaguna (LH) Dr Parul Anand	RSBK (LH) Dr. Deepa Sharma	Practicals and Non Lecture Hours of Dravyaguna, Ras Shashtra, Agad Tantra, Swasthavritta and Rog Nidan on Rotation Basis (12 Students each batch)
TUESDAY	Samhita Adhyayan (LH) Dr Anit Saini/ Dr. Neha	Swasthavritta (LH) Dr. Mamta Saini	Dravyaguna (LH) Dr Parul Anand	RSBK (LH) Dr. Deepa Sharma	
WEDNESDAY	RSBK (LH) Dr. Deepa Sharma	Swasthavritta (LH) Dr. Mamta Saini	Rog Nidan (LH) Dr. Himadri/ Dr. Mayank Bishnoi	Agad Tantra(LH) Dr. Sharon Prabhakar	
THURSDAY	Rog Nidan (NLH) Dr. Mayank Bishnoi	Dravyaguna (LH) Dr Pooja Bhandari	Rog Nidan (LH) Dr. Himadri	Agad Tantra(LH) Dr. Aditi	
FRIDAY	RSBK (LH) Dr. Deepa Sharma	Dravyaguna (NLH) Dr Pooja Bhandari	Rog Nidan (LH) Dr Mayank Bishnoi	Samhita-Adhyayan (NLH) Dr Anit Saini/ Dr. Neha	
SATURDAY	Dravyaguna (NLH) Dr Pooja Bhandari	Samhita-Adhyayan (NLH) Dr Anit Saini/ Dr. Neha	Library /Sports Mr. Sanjay Kumar	Rog Nidan (NLH) Dr Mayank Bishnoi	

Note: - RSBK, SW, AT, R.N- 02 NLH and 04 Practicals each Subjects every week has to be conducted.

QUADRA INSTITUTE OF AYURVEDA ROORKEE.

BAMS SECOND YEAR (NEW) TIME TABLE (2022-2027) BATCH w.e.f – February 2025

DAYS/TIME	10 AM to 11 AM	11 AM to 12 AM	12 AM to 01 PM	01 PM to 2 PM	2 PM to 4 PM
MONDAY	Dravyaguna (LH) Dr Parul Anand	Rog Nidan (LH) Dr. Himadri	Swasthavritta (LH) Dr. Saurabh	Rog Nidan (NLH) Dr Mayank Bishnoi	Practicals and Non Lecture Hours of Dravyaguna, Ras Shashtra, Agad Tantra, Swasthavritta and Rog Nidan on Rotation Basis (12 Students each batch)
TUESDAY	Samhita-Adhyayan (NLH) Dr Rishabh Jain/ Dr Anit Saini	Dravyaguna (LH) Dr Parul Anand	Swasthavritta (LH) Dr. Saurabh	Agad Tantra(LH) Dr. Sharon Prabhakar	
WEDNESDAY	Samhita-Adhyayan (NLH) Dr Anit Saini	Dravyaguna (NLH) Dr Pooja Bhandari	Swasthavritta (LH) Dr. Saurabh	RSBK (LH) Dr. Deepa Sharma	
THURSDAY	Agad Tantra(LH) Dr. Sharon/ Dr. Aditi	Dravyaguna (LH) Dr Parul Anand	Library /Sports Mr. Sanjay Kumar	RSBK (LH) Dr. Deepa Sharma	
FRIDAY	Samhita-Adhyayan (LH) Dr Rishabh Jain/ Dr Anit Saini	Agad Tantra(LH) Dr. Aditi	Rog Nidan (LH) Dr Mayank Bishnoi/ Dr. Himadri	RSBK (LH) Dr. Deepa Sharma	
SATURDAY	Samhita-Adhyayan (LH) Dr Anit Saini	Dravyaguna (NLH) Dr Pooja Bhandari	Rog Nidan (NLH) Dr Mayank Bishnoi/ Dr. Himadri	RSBK (LH) Dr. Deepa Sharma	

Note: - RSBK, SW, AT, R.N- 02 NLH and 04 Practicals each Subjects every week has to be conducted.

QUADRA INSTITUTE OF AYURVEDA ROORKEE

BAMS FIRST YEAR TIME TABLE (2023-28) BATCH

Days/Time	10:00am to 11:00am	11:00am to 12:00 pm	12:00pm to 01:00pm	01:00pm to 02:00pm	02:00pm- 04:00pm
Monday	Rachna Sharir (L) Dr. Aaditya Bhardwaj	Samhita Adhyayan-I (L) Dr. Vipul Singh	Sanskrit (L) Dr. Triveni Shastri	Padarth Vigyan (L) Dr. Neha	Practical Rachna Sharir, Kriya Sharir 04 days (Rotation)
Tuesday	Rachna Sharir (L) Dr. Aaditya Bhardwaj	Samhita Adhyayan-I (L) Dr. Vipul Singh	Sanskrit (L) Dr. Triveni Shastri	Padarth Vigyan (L) Dr. Neha	
Wednesday	Kriya Sharir (L) Dr. Vidharani Joshi	Samhita Adhyayan-I (NL) Dr. Vipul Singh	Sanskrit (L) Dr. Triveni Shastri	Padarth Vigyan (L) Dr. Neha	
Thursday	Rachna Sharir (L) Dr. Payal Kumar	Samhita Adhyayan-I (NL) Dr. Vipul Singh	Sanskrit (L) Dr. Triveni Shastri	Padarth Vigyan (L) Dr. Neha	
Friday	Samhita Adhyayan-I (L) Dr. Vipul Singh	Kriya Sharir (L) Dr. Ashish Kumar	Rachna Sharir (L) Dr. Jitendra Sharma/ Dr. Ankit Tyagi	Sanskrit (L) Dr. Triveni Shastri	Batch wise Rotation Physical Education/ Cultural Activities/ Library/ Departmental Activities
Saturday	Samhita Adhyayan-I (NL) Dr. Vipul Singh	Kriya Sharir (L) Dr. Vidharani Joshi	Padarth Vigyan (NL) Dr. Neha	Sanskrit (L) Dr. Triveni Shastri	Batch wise Rotation Physical Education/ Cultural Activities/ Library/ Departmental Activities

L= Lecture, NL= Non Lecture

QUADRA INSTITUTE OF AYURVEDA ROORKEE

BAMS FIRST YEAR TIME TABLE (2024-29) BATCH

Days/Time	10:00am to 11:00am	11:00am to 12:00 pm	12:00pm to 01:00pm	01:00pm to 02:00pm	02:00pm- 04:00pm
Monday	Sanskrit (L) Dr. Triveni Shastri	Samhita Adhyayan-I (L) Dr. Neha	Rachna Sharir (L) Dr. Payal	Padarth Vigyan (L) Dr. Vipul Singh	Practical Rachna Sharir, Kriya Sharir 04 days (Rotation)
Tuesday	Sanskrit (NL) Dr. Triveni Shastri	Samhita Adhyayan-I (L) Dr. Neha	Rachna Sharir (L) Dr. Ankit Tyagi	Padarth Vigyan (NL) Dr. Vipul Singh	
Wednesday	Kriya Sharir (L) Dr. Asheesh kumar	Samhita Adhyayan-I (NL) Dr. Neha	Rachna Sharir (L) Dr. Jitender Kumar Rana	Sanskrit (NL) Dr. Triveni Shastri	
Thursday	Sanskrit (L) Dr. Triveni Shastri	Samhita Adhyayan-I (NL) Dr. Neha	Rachna Sharir (L) Dr. Aaditya Bhardwaj	Padarth Vigyan (NL) Dr. Vipul Singh	
Friday	Sanskrit (NL) Dr. Triveni Shastri	Padarth Vigyan (L) Dr. Vipul Singh	Samhita Adhyayan-I (L) Dr. Neha	Kriya Sharir (L) Dr. Ashish Kumar	Physical Education/Library (Batch wise rotation)
Saturday	Kriya Sharir (L) Dr. Asheesh kumar	Sanskrit (NL) Dr. Triveni Shastri	Padarth Vigyan (NL) Dr. Vipul Singh	Samhita Adhyayan-I (NL) Dr. Neha	Cultural activities

L= Lecture, NL= Non Lecture